

PARTICIPANTS' EXISTING EXTERNAL AND INTERNAL ASSETS

- Successful Application of Skills
- Increase in base of participants existing external and internal assets



- Prescriptive Programming
- Adventure-Based Activities
- Civic Engagement

Hiking, Camping, Rock Climbing, Ropes/Challenge Courses, White-water Rafting, Initiatives, Life skills, Counseling Connection to Outdoors

Youth Organizing, Community Mobilization & Service Learning

EXPERIENTIAL ADVENTURE AND COMMUNITY-BASED RESILIENCY MODEL



APPLICATION IN WORLD

EXPERIENCE AND REFLECTION

IMPROVED OUTCOMES

- Self-Efficacy
- Empathy
- Cooperation
- Goal Setting
- Problem Solving
- Self-Awareness



- INCREASED RESILIENCY
- Internal Assets
- External Assets

(Positive Values, Positive Identity, Social Competencies)

(Caring Staff, Caring Community)

- Practice Implementing Skills
- Continuing and Consistent Use of Similar Tools and Language in ongoing experiences.



PRACTICE AND TRANSFER